

Your child is being attacked online

A parent's first reaction decides whether the child tells the whole story or keeps it hidden for months.

1 Do not take the phone away

The child reads it as punishment for telling the truth.

2 Listen without judging

No questions about why they went there or sent that photo.

3 Secure the evidence

Screenshots with the address, the date and the account name.

4 Report it

To the service and, if it involves classmates, to the school.

5 Ask for help

Threats, blackmail and leaked personal data are matters for the police.

Our foundation runs consultations for parents and helps with removing harmful content.

GDZIE SZUKAĆ POMOCY

800 100 100 116 111
parents and teachers for the child

222 900 142 112
foundation helpline emergency



WESPRZYJ POMOC DLA INNYCH

Wpłaty przez stronę: usuwaniehejtu.pl/wesprzyj

Fundacja Usuwanie Hejtu · 42 1600 1462 1783 5776 0000 0002

tytuł przelewu: Darowizna