

Don't scroll past

Online attacks survive where everyone watches and nobody acts. One person is enough to change that.

1 Do not share it further

Even a comment of outrage shows the post to more people.

2 Write to the person attacked

A short private message means more than a public defence.

3 Take a screenshot

With the address, the date and the account name.

4 Report the content

Reports from several people work faster.

5 Tell an adult

If the attack involves a child, inform the parents or the school.

If someone says they may harm themselves, tell an adult straight away.

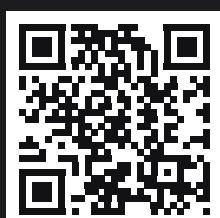
GDZIE SZUKAĆ POMOCY

116 111
children and youth

116 123
adults

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emergency

usuwaniehejtu.pl
help and reporting



WESPRZYJ POMOC DLA INNYCH

Wpłaty przez stronę: usuwaniehejtu.pl/wesprzyj

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tytuł przelewu: Darowizna